**Supplementary Materials**

*Table 1: List of codes, categories, sub-themes and themes*

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| **Themes** | **Sub Themes** | **Categories** | **Codes** | **Code** |
| **Recovery is incomplete** | Enduring challenges | Physical | 85 | pain  problems, physical  problems, emotional  change, pain  change, physical |
| Selfcare | 40 | unable to bathe unable to use toilet unable to dress  change, bathe change, toilet  change, eating |
| Mobility | 23 | Mobility Issues Mobility outside home |
| Unmet needs | Treatment Required | 36 | treatment, remaining disability needs Prosthetics/walking aid |
| Health system issues | 58 | issues, hospital,  hospital distance  cost, treatment continuum of care grievance, hospital neglect, hospital  grievance, government |
| **Recovery is expensive** | Burden of costs | Costs | 72 | cost, diagnostic cost, drug cost, transport cost, treatment  cost, legal cost, structural changes cost, intimate care  cost, private care |
| Returning to work | Work | 12 | job security  returning to work |
|  | Loss of employment | 65 | loss of work support from work work environment skill sets required employment opportunities unable return to studies unable return to chores caregiver loss of work caregiver absence taking absence |
| Financial coping | Financial coping | 57 | support, financial selling assets loans money issues  changes, spending |
| **Recovery is intersocial** | Spectrum of support | Social Support | 75 | support, spousal response, family support, family  response, friend response, bystander support, friend support, neighbor support, caste social, support |
| Social Changes | 24 | Missing domestic activities change in domestic role  Missing religious events  Missing social events |
| Gender differences in care | Gender | 38 | Gender roles gender pressure gender needs  caregivers |